

<p>ACTIVITY #2</p> <p>△ △</p> <p>△ △</p>	<ul style="list-style-type: none"> ☞ Two balls are placed on opposite corner cones ☞ Teams are split evenly ☞ 1v1 knock ball off of cone using the ball in play. ☞ First team to a certain number wins 	<ul style="list-style-type: none"> ☞ Encourage skill moves ☞ Watch for technique mechanics ☞ Ball handling under pressure
<p>MATCH CONDITION GAME</p>	<ul style="list-style-type: none"> ☞ 8 v8 to small goals (pugs) ☞ Also obtain a point by executing a skill move taught earlier in the session 	<ul style="list-style-type: none"> ☞ Encourage skill and confidence in taking players on ☞ Technique and mechanics of skill moves ☞ Ball handling basics and technique
<p>COOL DOWN</p>		